

Amendments to the Claims:

The listing of claims below is intended to replace all prior listings of the claims:

1. (Currently amended) ~~Use of A method comprising administering to a human a spermidine as an active principle in the preparation of a composition for pharmaceutical or dietetic composition comprising spermidine as an active principle use in man to combat hair loss.~~

2. (Currently amended) ~~Use of spermidine~~ The method according to Claim 1, ~~wherein the human has been diagnosed with to combat hair loss in the case of the~~ pathology known as telogenic defluvium.

3. (Currently amended) ~~Use of spermidine~~ The method according to Claim 2, ~~wherein following administration to reduce the telogenic phase in the growth cycle of the hair is reduced.~~

4. (Currently amended) ~~Use of spermidine~~ The method according to Claim 1, ~~wherein following administration to make the hair is~~ robust.

5. (Previously presented) Composition for pharmaceutical or dietetic use to be administered to man to combat hair loss, characterized in that it comprises spermidine, methionine, vitamin C, polyphenols, vitamin E, calcium pantothenate, zinc (as amino acid chelate), vitamin B₆, copper (as amino acid chelate), folic acid and biotin.

6. (Previously Presented) Composition according to Claim 5, characterized in that it comprises:

Methionine	300.00 mg
Vitamin C	90.00 mg
Polyphenols from <i>Vitis vinifera</i>	5.00 mg

Vitamin E	15.00 mg
Calcium pantothenate	9.00 mg
Zinc (as amino acid chelate)	7.50 mg
Vitamin B ₆	2.00 mg
Copper (as amino acid chelate)	1.25 mg
Spermidine	0.50 mg
Folic acid	0.15 mg
Biotin	0.05 mg

7. (Previously Presented) Composition for pharmaceutical or dietetic use to be administered to man to combat hair loss, characterized in that it is formulated for oral administration and comprises an oral vehicle and spermidine as active principle.

8. (Previously Presented) Lotion of balm to be applied to the human scalp to make the hair robust and to reduce hair loss characterized in that it comprises spermidine as active principle.

9. (New) The method according to claim 1, wherein the composition further comprises methionine, vitamin C, polyphenols, vitamin E, calcium pantothenate, zinc (as amino acid chelate), vitamin B₆, copper (as amino acid chelate), folic acid and biotin.

10. (New) The method according to Claim 9, wherein the composition comprises:

Methionine	300.00 mg
Vitamin C	90.00 mg
Polyphenols from <i>Vitis vinifera</i>	5.00 mg
Vitamin E	15.00 mg
Calcium pantothenate	9.00 mg
Zinc (as amino acid chelate)	7.50 mg
Vitamin B ₆	2.00 mg
Copper (as amino acid chelate)	1.25 mg

Spermidine	0.50 mg
Folic acid	0.15 mg
Biotin	0.05 mg

11. (New) The method according to claim 1, wherein the composition to be administered to man to combat hair loss is formulated for oral administration and comprises an oral vehicle and spermidine.

12. (New) The method according to claim 1, wherein the composition comprising spermidine is formulated into a lotion or a balm to be applied to the human scalp to make the hair robust and to reduce hair loss.